Spire Junior School

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14th October 2026

Dear Parents / Carers,

Allergy Information

With the recent introduction by the DfE of Benedict's Law (a law regarding statutory allergy safety requirements for schools in England), we ask that you read the information contained in this letter carefully around allergy information for Spire Junior School.

As a reminder, there should be no products brought into school or on school visits which contain nuts or traces of nuts wherever possible.

We acknowledge that it is impractical to enforce a nut-free school. However, we would like to encourage all pupils and staff to avoid certain high-risk foods to reduce the chances of someone experiencing an allergic reaction.

These foods include:

- Packaged nuts
- Cereal, granola or chocolate bars containing nuts
- Peanut butter or chocolate spreads containing nuts
- Peanut-based sauces, such as satay
- Sesame seeds and foods containing sesame seeds

If a pupil brings these foods into school or on a school visit, they may be asked to eat them away from others to minimise the risk, or the food may be confiscated.

Equally, we ask that children do not bring in moisturisers or hand creams which state they contain nuts.

We thank you for your support in this matter.

Kind regards,

Mrs Vernon
Headteacher